

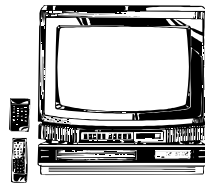


Violence In The Media

Did you know.....

By the time a child graduates from high school, they will have spent about 11,000 hours in school and 15,000 hours watching TV.

About 5 acts of violence are committed during 1 hour of "prime time" television programming and 20 to 25 violent acts occur each hour on Saturday morning "children's programs."



What are the effects of all this time spent with an electronic playmate?

- ✍ Children may become less sensitive to the pain and suffering of others.
- ✍ They may be fearful of the world around them.
- ✍ They may be more likely to behave in

aggressive or harmful ways toward others.

Hheavy viewers

- ✍ put in less effort on school work,
- ✍ have poorer reading skills,
- ✍ play less well with friends,
- ✍ have fewer hobbies and activities, and
- ✍ are more likely to be overweight as a result of very little physical activity and snacking while watching TV.

A project of The Florida Partnership for Parent Involvement

Center of Excellence ♦ Louis de la Parte Florida Mental Health Institute ♦ Florida's Children's Forum
Home Instruction Program for Preschool Youngsters ♦ Hillsborough County Head Start ♦ Hillsborough County Even Start



What can a family do to limit the effects of media violence?

The most effective strategy is to watch TV or play the video game with your child and discuss the events taking place. Ask your child questions about the violence such as....

“What do you think about what just happened?”

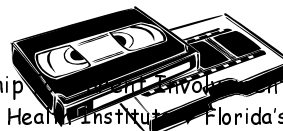
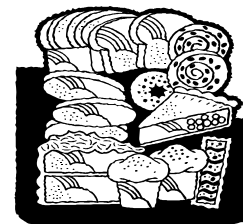
“Could they have solved their problem another way?”

“What would you do if you were in that situation?”

Together with your child.....

1) Make a chart and count the number of violent acts in a TV program, video or theater movie.

2) Talk about why the violence happened and have your child come up with alternative solutions that do not include violence.



3) Make a list of TV programs, video games, theater movies, and computer games for your child to select from. Be willing to negotiate!

For more information contact:



The Center for Parent Involvement (FCPI) was funded by the U.S. Department of Education; Goals 2000, Educate America Act from 1994-1999. Guided by an advisory board of parents and professionals, the FCPI's goal was to tap the power of parents.

The FCPI gathered information on parent needs, coordinated the information, and created a series of resources organized by theme, including fact sheets for parents and professionals, "Beyond the Basics" resources, and resource identification lists. Many of the resources have been translated into Spanish language versions, and every effort has been made to preserve the meaning and flavor of the original English documents. This series of materials provides a wealth of current information for both parents and providers; the complete set of resources can be obtained in PDF format on the Department of Child and Family Studies Website at www.fmhi.usf.edu/cfs/dares/fcpi. The staff of the FCPI are hopeful that their work will continue to help children get ready to learn for many years to come.

The series' themes include:

- Family Empowerment
- Parent Involvement
- Parenting Support
- School Readiness
- Violence in the Lives of Children
- Transition to Kindergarten

The Center was one component of a project led by Hillsborough County Center of Excellence in collaboration with the Department of Child & Family Studies at USF's de la Parte Institute and the Florida Children's Forum. Other project partners include HIPPI (Home Instruction Program for Preschool Youngsters), Hillsborough County Head Start and Hillsborough County Even Start. For more information about these projects, call 813.974.4612.

Violence & Young Children, Parent Tip Sheets, #6: Violence In The Media

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