



Children & Violence

Community violence
Family/Child Violence
Media Violence
Bullying



Violence and our children...

Today, more than ever, children are being exposed to various types of violence.

Research has shown that

children who witness violence or are the direct victims of violence can experience interruptions in their emotional, social, physical, and/or creative thinking development.



Not all children exposed to violence experience interruptions in their development.

There are many protective factors that can help children from being adversely affected by violence .

Violence.....
 What's a family to do?

Community Violence



Children need to feel like they belong and have something to contribute. Provide opportunity for your child to get involved in their community and friends in a constructive way. This can be done by encouraging him/her to...

- Invite friends over for an activity or just to play!
- Participate in clubs or activities that develop a sense of cooperation.

A project of The Florida Partnership for Parent Involvement

Center of Excellence ♦ Louis de la Parte Florida Mental Health Institute ♦ Florida's Children's Forum
 Home Instruction Program for Preschool Youngsters ♦ Hillsborough County Head Start ♦ Hillsborough County Even Start

- Develop meaningful relationships with other caring adults. Visit your neighborhood adult care center and adopt a grandparent.
- Volunteer in a community service project in the neighborhood.
- Children need to feel psychologically and physically safe. Alert your child to their own risk of becoming victims of violence.

- ❖ Talk about and identify safe places to play in your area.

- ❖ Role play how to deal with a stranger, if you get hurt, or if you are lost.

- ❖ Teach your child how to use the phone and dial 911.

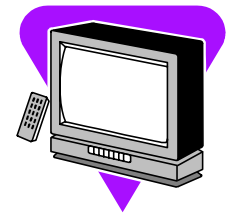
- ❖ Introduce your child to your neighbors in the event of an emergency.

F Family/Child Violence



- ❖ Use non-violent words and actions to solve problems.
- ❖ Examine alternatives to physical punishment to children.
- ❖ Children may feel responsible for the violence. Help them sort through their feelings by allowing them to talk about them.

M Media Violence



- ❑ Reduce the amount of TV your child watches.
- ❑ Watch TV with your child to judge the amount of violence in their programs.
- ❑ Talk about why the violence happened and discuss alternatives.



B Bullying

- ☆ Help children to recognize and respect the differences and similarities of others.

- ☆ Talk about healthy ways to deal with anger; talk about the problem; take a walk; leave the area; channel anger into a recreation or hobby.
- ☆ Find out if conflict prevention, management and resolution skills are incorporated into the curriculum at your child's school.

For more information contact:



The Center for Parent Involvement (FCPI) was funded by the U.S. Department of Education; Goals 2000, Educate America Act from 1994-1999. Guided by an advisory board of parents and professionals, the FCPI's goal was to tap the power of parents.

The FCPI gathered information on parent needs, coordinated the information, and created a series of resources organized by theme, including fact sheets for parents and professionals, "Beyond the Basics" resources, and resource identification lists. Many of the resources have been translated into Spanish language versions, and every effort has been made to preserve the meaning and flavor of the original English documents. This series of materials provides a wealth of current information for both parents and providers; the complete set of resources can be obtained in PDF format on the Department of Child and Family Studies Website at www.fmhi.usf.edu/cfs/dares/fcpi. The staff of the FCPI are hopeful that their work will continue to help children get ready to learn for many years to come.

The series' themes include:

- Family Empowerment
- Parent Involvement
- Parenting Support
- School Readiness
- Violence in the Lives of Children
- Transition to Kindergarten

The Center was one component of a project led by Hillsborough County Center of Excellence in collaboration with the Department of Child & Family Studies at USF's de la Parte Institute and the Florida Children's Forum. Other project partners include HIPPIY (Home Instruction Program for Preschool Youngsters), Hillsborough County Head Start and Hillsborough County Even Start. For more information about these projects, call 813.974.4612.

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