## Transition

### What is it and why is it important?

#### What is Transition?

Transition is a major life change

For young children, moving from preschool or home to kindergarten is one of the most significant transitions they will experience.

*change in place*  *new expectations*

*adjusting to a new peer group*

*new authority figure*  *new role as student*

#### Transition is a period of adjustment

All adjustments are stressful. When parents, teachers, and school administrators work together, the process of transitioning to kindergarten operates more smoothly reducing the amount of stress experienced by the child.

#### How do you benefit from transition activities?

**Your Child Experiences...**

- Increased self-confidence
- Improved relations with other children and adults
- Increased motivation and openness to new experiences

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*A project of The Florida Partnership for Parent Involvement*

Center of Excellence + Louis de la Parte Florida Mental Health Institute + Florida’s Children’s Forum

Home Instruction Program for Preschool Youngstars + Hillsborough County Head Start + Hillsborough County Even Start
The Center for Parent Involvement (FCPI) was funded by the U.S. Department of Education; Goals 2000, Educate America Act from 1994-1999. Guided by an advisory board of parents and professionals, the FCPI’s goal was to tap the power of parents.

The FCPI gathered information on parent needs, coordinated the information, and created a series of resources organized by theme, including fact sheets for parents and professionals, “Beyond the Basics” resources, and resource identification lists. Many of the resources have been translated into Spanish language versions, and every effort has been made to preserve the meaning and flavor of the original English documents. This series of materials provides a wealth of current information for both parents and providers; the complete set of resources can be obtained in PDF format on the Department of Child and Family Studies Website at www.fmhi.usf.edu/cfs/dares/fcpi. The staff of the FCPI are hopeful that their work will continue to help children get ready to learn for many years to come.

The series’ themes include:
• Family Empowerment
• Parent Involvement
• Parenting Support
• School Readiness
• Violence in the Lives of Children
• Transition to Kindergarten

The Center was one component of a project led by Hillsborough County Center of Excellence in collaboration with the Department of Child & Family Studies at USF’s de la Parte Institute and the Florida Children’s Forum. Other project partners include HIPPY (Home Instruction Program for Preschool Youngsters), Hillsborough County Head Start and Hillsborough County Even Start. For more information about these projects, call 813.974.4612.

Transition Series, Parent Tip Sheets, #1: Transition: What it is and why is it important?

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You Experience...

- Increased confidence that your children will achieve in the new setting.
- A sense of pride and commitment in your on-going involvement.
- Improved self-confidence in your own ability to communicate with and influence the educational system.

For more information contact: