



Ready From the Start

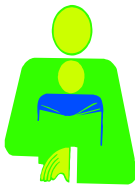
Helping Your Child to Grow, Develop, & Have Fun Learning

The road to success in school begins early.

Good health, loving relationships, parental guidance and praise, and many opportunities to learn, all help children do well later in life.

As a parent, you are the most important person in your child's life.

Throughout the early learning years, you can do many simple things to help your children grow, develop, and have fun learning.



Here are some things you can do:

Encourage

your child to want to learn and go to school.

Read aloud

to your child daily. This gives your child a chance to learn about



language, enjoy the sound of your voice, and be close to you.

Set high standards

for your children and encourage them to try new things.

A project of The Florida Partnership for Parent Involvement

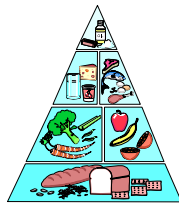
Center of Excellence ♦ Louis de la Parte Florida Mental Health Institute ♦ Florida's Children's Forum
Home Instruction Program for Preschool Youngsters ♦ Hillsborough County Head Start ♦ Hillsborough County Even Start

Listen to your child.

This is the best way to learn what's on his/her mind, what he/she knows and doesn't know, and how he/she thinks and learns.

Provide...

nutritious foods, safe places to play, regular medical care, and a regular sleep schedule for your child.



Teach your child...

to get along with others, to share, and to take turns.

Set a good example...

for your children. They will imitate what you do.

Teach your child to feel good about her or himself and that he or she can succeed.

 **Set limits for your child.**

This is a sign of love which your child appreciates, even if he or she may argue against them.

 **Be generous with...**

your encouragement. Always compliment your children for their efforts.

Resources: Information was based on *Helping Your Child Get Ready for School and Yes You Can Help Your Child Succeed in Elementary*. School book series for parents, Minnetonka Public Schools, Excelsior, MN.

For more information contact:



The Center for Parent Involvement (FCPI) was funded by the U.S. Department of Education; Goals 2000, Educate America Act from 1994-1999. Guided by an advisory board of parents and professionals, the FCPI's goal was to tap the power of parents.

The FCPI gathered information on parent needs, coordinated the information, and created a series of resources organized by theme, including fact sheets for parents and professionals, "Beyond the Basics" resources, and resource identification lists. Many of the resources have been translated into Spanish language versions, and every effort has been made to preserve the meaning and flavor of the original English documents. This series of materials provides a wealth of current information for both parents and providers; the complete set of resources can be obtained in PDF format on the Department of Child and Family Studies Website at www.fmhi.usf.edu/cfs/dares/fcpi. The staff of the FCPI are hopeful that their work will continue to help children get ready to learn for many years to come.

The series' themes include:

- Family Empowerment
- Parent Involvement
- Parenting Support
- School Readiness
- Violence in the Lives of Children
- Transition to Kindergarten

The Center was one component of a project led by Hillsborough County Center of Excellence in collaboration with the Department of Child & Family Studies at USF's de la Parte Institute and the Florida Children's Forum. Other project partners include HIPPIY (Home Instruction Program for Preschool Youngsters), Hillsborough County Head Start and Hillsborough County Even Start. For more information about these projects, call 813.974.4612.

School Readiness Series, Parent Tip Sheets, #2: Ready from the start.

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