

To be a part of this study, or for more information, call 813-974-0452

### Looking for Participants for a Study

# Are you a parent of a young child who has challenging behaviors? Do you want help?

Are you having difficulty with your young child (ages 2-5) in daily activities and routines (e.g., mealtime, transitions, getting ready for bed, etc.)? Does your child hit, kick, run away, or refuse to respond to you or have other behaviors that are a problem? Do these challenges happen on a daily basis? Would you like help in knowing how to prevent and address behavior challenges? If so, you might be interested in participating in this project.

Research faculty from the Department of Child and Family Studies at the University of South Florida are conducting a study (IRB # 16926) to look at the use of the Prevent-Teach- Reinforce by parents to reduce child challenging behavior. This model has been used very effectively to address child challenging behavior in school and preschool settings and a new version has been developed to be used by parents to address issues at home. You will receive a behavior plan with intervention strategies that are tailored to fit your home and your child. Coaching support and guidance will be provided to you to help you apply these strategies.

#### Who can participate?

- English-speaking parents (age 18+) of children with challenging behavior who are 2-5 years old
- Behavior challenges should be persistent and occur during daily activities
- Parents must be willing to work with research staff 3 to 4 times per week

#### What happens in the study?

- You will be interviewed to see if your child might be eligible (i.e., has persistent challenging behavior) and a home visit will be conducted to learn more about when and where challenging behavior occurs.
- You and your child will be videotaped within the routines or activities that are associated with your child's challenging behavior.
- Intervention will begin from 5 to 15 days after your initial enrollment in the study. Intervention begins with developing a behavior plan for helping your child within routines. You will be a partner in the development of the plan.
- You will be coached by a research faculty member to implement the intervention strategies during daily home routine(s).

## Who is conducting the research?

Dr. Christopher Vatland, a research assistant professor, is the principal investigator of the research. He is working with Dr. Lise Fox and Shelley Clarke to conduct the study.



