

CURRICULUM VITAE

Elizabeth A. Perkins PhD RNLD FAAIDD FGSA

Florida Center for Inclusive Communities/UCEDD

Department of Child and Family Studies

College of Behavioral and Community Sciences

University of South Florida

13301 Bruce B. Downs Blvd, MHC 2113A Tampa, FL, 33612-3807

Tel: (813) 974-7076 Fax: (813) 974-9754 Email: eperkins@mail.usf.edu

Citizenship: United Kingdom USA Immigration Status: Permanent Resident

EDUCATION AND PROFESSIONAL LICENSURE

- 2010 Post-Doctoral Fellowship, Florida Center for Inclusive Communities,
College of Behavioral and Community Sciences, University of South Florida
- 2009 Ph.D. University of South Florida, Tampa, FL. (GPA 4.0)
Major: Aging Studies
Dissertation: *Caregivers of Adults with Intellectual Disabilities: The
Relationship of Compound Caregiving & Reciprocity to Quality of Life.*
- 2003 B.A. (*Summa Cum Laude* – 4.0 GPA). University of South Florida, Tampa, FL.
Major: Psychology
- 1992 RNLD (Registered Nurse Learning Disabilities). Hereford & Worcestershire
College of Nursing & Midwifery, Worcester, England, United Kingdom.
- 1992 – 2016 RNLD continuous registration with the United Kingdom’s Nursing and
Midwifery Council ID #89HO444E. Revalidated to November 2019.

PROFESSIONAL EXPERIENCE

University of South Florida

College of Behavioral and Community Sciences

Department of Child and Family Studies, Florida Center for Inclusive Communities

(University Center for Excellence in Developmental Disabilities – UCEDD)

Associate Director	02/13 – present
Research Assistant Professor	07/10 – present
Post-Doctoral Fellow	01/10-06/10
Health Coordinator	08/09 – present
Special Assistant to the Dean: Program & Instructional Enhancement	01/11-12/11

Morsani College of Medicine

Department of Family Medicine

Courtesy Joint Assistant Professor 05/13 – present

**College of Behavioral and Community Sciences
School of Aging Studies**

Graduate Teaching Associate/Assistant 08/04 – 07/09

College of Arts and Sciences

Department of Gerontology

Undergraduate Research Assistant 04/03 – 12/04

Department of Psychology

Undergraduate Research Assistant 08/02 – 06/03

Cotdean Nursing Homes Limited, Brierley Hill, West Midlands, England

Director 10/94 – 05/98

Quality Assurance Nurse 11/93 – 10/94

North Worcestershire (National Health Service) Trust, Lea Castle Hospital, Kidderminster, Worcestershire, England

Staff Nurse 11/92 – 10/93

Kidderminster District Health Authority/Hereford & Worcestershire College of Nursing & Midwifery, Lea Castle Hospital, Kidderminster, Worcestershire, England

Student Nurse 08/89 – 11/92

PUBLICATIONS

Journals – Peer Reviewed Articles

Williamson, H. J., Contreras, G. M., Rodriguez, E. S., Smith, J. M., & **Perkins, E. A.** (in press). Health care access for adults with intellectual and developmental disabilities: A scoping review. *OTJR: Occupation, Participation, and Health*.

Williamson, H. J.*, **Perkins, E.A.**, Levin, B. L., Baldwin, J.A., Armstrong, M.I., Lulinski, A., & Massey, O.T. (2017). Implementation of Medicaid managed long-term services and supports for adults with intellectual and/or developmental disabilities in Kansas. *Intellectual and Developmental Disabilities, 55*(2), 84-96. doi: 10.1352/1934-9556-55.2.84

Williamson, H. J.*, **Perkins, E. A.**, Fitzgerald, M., Acosta, A., Agrawal, J. K., & Massey, O. T. (2016). Family caregivers of individuals with intellectual and developmental disabilities: Experiences in U.S. States with Medicaid managed care long-term services and supports. *Journal of Policy and Practice in Intellectual Disabilities, 13*, 287-296. doi: 10.1111/jppi.12198

Bishop, K., Hogan, M., Janicki, M. P., Keller, S., Lucchino, R., Mughal, D., **Perkins, E. A.**, Singh, B. K., Service, K., Wolfson, S., and the Health Planning Work Group of the National Task Group on Intellectual Disabilities and Dementia Practices. (2015). Guidelines on health care advocacy for adults with intellectual disabilities and dementia of the National Task Group on Intellectual Disabilities and Dementia Practices. *Intellectual and Developmental Disabilities, 53*(1), 2-29. doi:10.1352/1934-9556-53.1.2

- Williamson, H. J.* & **Perkins, E. A.** (2014). Family caregivers of adults with intellectual and developmental disabilities: Caregiver outcomes associated with U.S. services and supports. *Intellectual and Developmental Disabilities, 52*(2), 147-159. doi:10.1352/1934-9556-52.2.147
- VandeWeerd, C., Corvin, J., Coulter, M., **Perkins, E.**, Telford, R., Yalcin, A., & Yegidis, B. (2014). A preliminary investigation of risks for adverse outcomes of relationship seeking on social network sites: A descriptive study of women seeking relationships on MySpace in Hillsborough County, Florida. *Journal of Women and Aging, 26*(2), 127–145. doi: 10.1080/08952841.2014.884897
- Perkins, E. A.**, & Haley, W. E. (2013). Emotional and tangible reciprocity in middle and older-aged caregivers of adults with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities, 10*(4), 334-344. doi:10.1111/jppi.12061
- Glaesser, R.* & **Perkins, E. A.** (2013). Self-injurious behavior in older adults with intellectual disabilities. *Social Work, 58*(3), 213-221.
- Perkins, E. A.**, & Friedman, S. L. (2012). Introduction to the Special Issue on Aging and End of Life. *American Journal on Intellectual and Developmental Disabilities, 117*(6), 439-441. doi:10.1352/1944-7558-117.6.439.
- Perkins, E. A.** (2012). Health care on both sides of the Atlantic Ocean. *Learning Disability Practice, 15*(7), 34-36. doi: 10.7748/ldp2012.09.15.7.34.c9252 [Invited article]
- Perkins, E. A.**, & Berkman, K. A. (2012). Into the unknown: aging with autism spectrum disorders. *American Journal on Intellectual and Developmental Disabilities, 117*(6), 478- 496. doi:10.1352/1944-7558-117.6.478
- Woodard, L., Havercamp, S., Zwygart, K., & **Perkins, E. A.** (2012). An innovative clerkship module focused on patients with disabilities. *Academic Medicine, 87*(4), 537-542. doi:10.1097/ACM.0b013e318248ed0a
- Perkins, E. A.**, & LaMartin, K. M.* (2012). The internet as social support for older carers of adults with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities, 9*(1), 53-62. doi:10.1111/j.1741-1130.2012.00330.x
- Perkins, E. A.**, & Haley, W. E. (2010). Compound caregiving: When lifelong caregivers undertake additional caregiving roles. *Rehabilitation Psychology, 55*(4), 409-417. doi:10.1037/a0021521
- Perkins, E. A.**, & Moran, J. A. (2010). Aging adults with intellectual disabilities. *Journal of the American Medical Association, 304*(1), 91-92. doi:10.1001/jama.2010.906
- Perkins, E. A.** (2010). The compound caregiver: a case study in multiple caregiving roles. *Clinical Gerontologist, 33*(3), 248-254. doi:10.1080/07317111003773619
- Perkins, E. A.** (2007). Self and proxy reports across three populations: Older adults, persons with Alzheimer’s disease, and persons with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities, 4*(1), 1-10. doi:10.1111/j.1741-1130.2006.00092.x

Perkins, E. A., Small, B. J., Balducci, L., Extermann, M., Robb, C., & Haley, W. E. (2007). Individual differences in well-being in older breast cancer survivors. *Critical Reviews in Oncology/Hematology*, 62, 74-83. doi:10.1016/j.critrevonc.2006.11.002 [PMC1911161](#)

Robb, C., Haley, W. E., Balducci, L., Extermann, M., **Perkins, E. A.**, Small, B., & Mortimer, J. (2007). Impact of breast cancer survivorship on quality of life in older women. *Critical Reviews in Oncology/Hematology*, 62(1), 84-91. doi:10.1016/j.critrevonc.2006.11.002

Perkins, E. A., & Small, B. J. (2006). Aspects of cognitive functioning in adults with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities*, 3(3), 181- 194. doi:10.1111/j.1741-1130.2006.00078.x

Haley, W. E., & **Perkins, E. A.** (2004). Current status and future directions in family caregiving and aging people with intellectual disabilities. *Journal of Policy and Practice in Intellectual Disabilities*, 1(1), 24-30. doi:10.1111/j.1741-1130.2004.04004.x

Journals: Special Issues

Perkins, E. A., & Friedman, S. L. (Eds.). (2012). Special Issue: Aging and End of Life. *American Journal on Intellectual and Developmental Disabilities*, 117(6).

Journals – Peer Reviewed Manuscripts under Review

Kim, G., Allen, R.S., Wang, S. Y., Park, S., **Perkins, E. A.**, & Parmelee, P. (in review). The impact of multiple informal caregiving roles on subjective physical and mental health status among older adults: Racial/ethnic differences existed. *The Gerontologist*.

Williamson, H.J.*, **Perkins, E.A.**, Massey, O.T., Baldwin, J.A., Lulinski, A., Armstrong, M.I., & Levin, B.L. (in review). Family caregivers as needed partners: Recognizing their role in medicaid managed long-term services and supports. *Journal of Policy and Practice in Intellectual and Developmental Disabilities*.

Books

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2014). *Physical change and aging: a guide for the helping professions* (6th ed.). New York, NY: Springer.

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2017). *Physical change and aging: a guide for the helping professions* (6th ed.). Taiwan: Farternng Culture Company Ltd., (Traditional Chinese).

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2010). *Physical change and aging: a guide for the helping professions* (5th ed.). New York, NY: Springer.

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2011). *Physical change and aging: a guide for the helping professions* (5th ed.). Taiwan: Farternng Culture Company Ltd., (Traditional Chinese).

Saxon, S.V., Etten, M. J., & **Perkins, E. A.** (2014). *Physical changes in the elderly: Concepts and applications* (5th ed.). Taiwan: Huateng Culture Company Ltd., (Traditional Chinese).

Book Chapters

- Perkins, E. A.** & van Heumen, L. (in press). When the journey ends: Parental caregiving and later life planning. In B. S. Goff, & N. P. Springer (Eds). *Families and Disabilities: A Guide for Helping Professionals*. New York, NY: Taylor & Francis/Routledge
- Tassé, M. J., **Perkins, E. A.**, Jorgensen-Smith, T., & Chapman, R. (in press). Behavioral health services for persons with intellectual and developmental disabilities. In B. L Levin, & A. Hanson (Eds.). *Mental Health Services: A Public Health Perspective (4th ed)*.
- Perkins, E. A.** (2016). Quality of life outcomes of aging adults with autism and their families. In S. D. Wright (Ed). *The challenge and promise of autism spectrum disorders in mid and later life* (pp. 397-406). London, UK: Jessica Kingsley
- Perkins, E. A.**, & Hewitt, A. (2016). Coping with caregiver stress. In I. L. Rubin, J. Merrick, D. E. Greydanus, & D. R. Patel, (Eds), *Health care for people with intellectual and developmental disabilities across the lifespan* (pp. 2165-2183). New York, NY: Springer International Publishing.
- Perkins, E. A.**, Lynn, N., & Haley, W. E. (2007). Caregiver issues associated with wandering. In A. L. Nelson & D. L. Algase (Eds.) *Evidence based protocols for managing wandering behaviors*. (pp. 123-142). New York, NY: Springer.
- Note: This book was a recipient of the Book of the Year award in the Gerontological Nursing Section by the *American Journal of Nursing*.

Non-peer reviewed articles, Policy Briefs, Book Reviews, Reports, and Testimony

- Kose, L., **Perkins, E. A.**, & Hooper, M. (2017). *End the wait!* Developmental Disability Policy Brief. Florida Center for Inclusive Communities & Florida Developmental Disabilities Council. http://ddwaitlist.cbcs.usf.edu/docs/DDwaitlistFL_PolicyBrief_2017.pdf
- Bishop, K.M., Hogan, M., Janicki, M.P., Keller, S.M., Lucchino, R., Mughal, D.T., **Perkins, E.A.**, Singh, B.K., Service, K., Wolfson, S., and the Health Planning Work Group of the National Task Group on Intellectual Disabilities and Dementia Practices. (2014). *Guidelines for Dementia-Related Health Advocacy for Adults with Intellectual Disability and Dementia: National Task Group on Intellectual Disabilities and Dementia Practices*. Prospect, KY: American Academy of Developmental Medicine and Dentistry. Retrieved from <http://aadmd.org/sites/default/files/Bishop-document-web.pdf>
- Perkins, E. A.** (2014). Review of the book *Transition to Retirement: A guide to inclusive practice*, by R. J. Stancliffe, N. J. Wilson, N. Gambin, C. Bigby, & S. Balandin. *Learning Disability Practice*, 17(5), 10.
- Perkins, E. A.** (2013). My health passport: A journey to better healthcare. National Gateway To Self-Determination. *Research to Practice in Self-Determination Series, Issue 5*, 9-10.
- Perkins, E. A.** (2011). *Compound caregivers: overlooked and overburdened* [White paper]. Tampa, Florida: University of South Florida, Florida Center for Inclusive Communities. http://flfcic.fmhi.usf.edu/docs/FCIC_CompoundCaregivers_070811.pdf

Perkins, E. A. (2010). *Older Adults with Developmental Disabilities and their Aging Caregivers.*
Written testimony submitted to the Administration on Developmental Disabilities,
Envisioning the Future Summit Series, 2010.
<http://www.envision2010.net/submissiondocs/54.pdf>

EXTERNAL FUNDING

- 2015-2020 Florida Center for Inclusive Communities - University Center for Excellence in Developmental Disabilities 5 Year Core Grant. 90-DD-0806, Administration on Intellectual and Developmental Disabilities. Administration on Community Living. US Department of Health and Human Services.
Role: Co-Principal Investigator /Associate Director (Total Budget \$2,729,595).
- 2010-2015 Florida Center for Inclusive Communities - University Center for Excellence in Developmental Disabilities 5 Year Core Grant. 90-DD-0668, Administration on Intellectual and Developmental Disabilities. Administration on Community Living. US Department of Health and Human Services.
Role: Health Coordinator/Associate Director (Total Budget \$2,701,430).
- 2011-2012 Senior Surfers and Social Networking: An interdisciplinary investigation into online dating outcomes for older women seeking relationships on MySpace. USF College of Public Health Interdisciplinary Grant
Role: Co-Investigator (Total budget \$99,980).
- 2004-2007 UPARC, 1501 N. Belcher Rd, Clearwater, Florida, 33765. Produce educational materials. Conduct regular workshops on aging and health issues, specifically for managerial and direct care staff serving consumers with intellectual/developmental disabilities in UPARC's Medical Elderly Program (Total Budget \$11,000).

Grants Submitted

- 2016 R21 – Supports and Wellness Information for Multi-caregivers with Multi-morbidities. National Institute of Nursing Research, NIH, (Total Budget \$373,750).
Role: Principal Investigator. Not funded.
- 2014 Hillman Foundation - Staying Home: a holistic approach to improving the quality of care and life satisfaction of aging adults with developmental disabilities and their family caregivers. (Total Budget - \$200,000 x 3 years).
Role: Principal Investigator: USF Subcontract (\$65,000 per year). Not Funded.
- 2013 R01 – Changes in Aging Caregiver Quality of Life, Roles, and Supports, National Institute on Aging, NIH, (Total Budget - \$2.1 million).
Role: Principal Investigator. Not funded.
- 2012 CDC – Improving Health of People with Intellectual Disabilities. National Collaborative for Healthcare Access (\$3 million x 3 years).
Role Principal Investigator: USF Subcontract (\$100,000 per year). Not funded.

2011 R21 – Senior Surfers & Social Networking.
National Institute on Aging, NIH, (Total Budget \$397,366).
Role: Co-Investigator. Not funded.

HONORS & AWARDS

Gerontological Society of America
Fellow 2016

American Association on Intellectual and Developmental Disabilities
Fellow 2014

The Rosalynn Carter Institute for Caregiving/Johnson & Johnson
Mattie J. T. Stepanek Intergenerational Caregiving Scholarship (\$2000) 2006

University of South Florida
College of Behavioral and Community Sciences
School of Aging Studies
Sue V. Saxon Faculty Teaching Award for Outstanding Teaching
in the Field of Gerontology 2010
Department of Child & Family Studies
FCIC Core Management Team - FCIC/DARES Division Team Award 2010

USF Graduate and Undergraduate Awards
Provost’s Award for Outstanding Teaching (Graduate Teaching Assistant) 2008
Provost’s Commendation for Outstanding Teaching (Graduate Teaching Assistant) 2007
King O’Neal Scholar Award (graduating undergraduate cumulative 4.0 GPA) 2003

USF College of Arts & Science
Publication Award for Doctoral Student and Faculty Mentor for *Aspects of
Cognitive Functioning in Adults with Intellectual Disabilities* 2007
Aging Exchange Day, 2nd Place, Best Research Award, Dept of Gerontology 2005

PROFESSIONAL SERVICE

International and National Leadership/Committee Activities

International Association for the Scientific Study of Intellectual Disabilities

Ad hoc Working Group to Establish an International
Training Academy 2006

American Association on Intellectual and Developmental Disabilities

Elected Vice-President 2016-2017
President–Elect 2017-2018
President 2018-2019
Past President 2019-2020

National Board of Directors Elected Member-at-Large	2012-2016
National Conference Committee Chair, Local Arrangements Committee	2013-2014
Member, Conference Planning Committee	2013/14, 15/16
Conference abstract reviewer	2013
Ad Hoc Policy Committee	2011
Aging and End-of-Life Task Force, Chair	2009-2012
Nominations and Elections Committee, Member and Conference of Professional Interests Representative	2009-2011
President of the Gerontology Division	2008-2012
Board of Directors' Leadership and Strategic Planning Retreat Invited participant	2008

Gerontological Society of America

Formal Interest Group on Developmental Disabilities, Co-convener	2008-2011
Conference abstract reviewer	2008-2009

Administration on Developmental Disabilities (US Department of Health and Human Services)

Envisioning the Future Summit Series Invited Listener/Key Stakeholder, Testimony & Prioritization Days	2010
---	------

State Leadership/Committee Activities (Florida)

Mailman Center UCEDD/University of Miami Mailman Advisory Committee, FCIC Representative	2014-present
Florida Department of Health, Disability and Health Program Member, Advisory Board, Disability Community Planning Group	2012- present
Florida Developmental Disabilities Council USF/FCIC (UCEDD) Representative	2010- present
Healthcare/Prevention Task Force, Member	2010- 2016
Workforce Task Force	2016- present
Strategic Waitlist Workforce	

Editorial Board

<i>Inclusion</i> (AAIDD, US)	2013 - current
<i>Learning Disability Practice</i> (Royal College of Nursing, UK)	2012 – current
<i>Journal of Policy & Practice in Intellectual Disabilities</i> (Wiley-Blackwell, US)	2011 – current

Ad hoc Reviewer (20 different journals from 2006 – current)

2016	<i>The Gerontologist, Journal of Child and Family Studies, Intellectual and Developmental Disabilities, Home Health Care Services Quarterly</i>
2015	<i>American Journal on Intellectual and Developmental Disabilities, Research on Aging, Intellectual and Developmental Disabilities</i>

- 2014 *Journal of Autism and Developmental Disorders, Intellectual and Developmental Disabilities*
 2013 *Intellectual and Developmental Disabilities, American Journal on Intellectual and Developmental Disabilities, Journal of Applied Research in Intellectual Disabilities, Inclusion.*
 2012 *Journal of Intellectual Disabilities*
 2011 *Anxiety, Stress, & Coping, American Journal on Intellectual and Developmental Disabilities, Journal of Policy and Practice in Intellectual Disabilities, Rehabilitation Psychology*
 2010 *Archives of Internal Medicine, Rehabilitation Psychology, British Journal of Cancer.*
 2009 *Journal of Policy and Practice in Intellectual Disabilities*
 2007 *Psychology Health & Medicine, European Journal of Surgical Oncology.*
 2006 *Journal of Policy and Practice in Intellectual Disabilities.*

External Grants/Scholarship Reviews

- University of Arizona, Tuscon, Arizona, USA. 2017
 External Reviewer - Promotion
 University of Hawai'i, Honolulu, Hawai'i, USA. 2016
 External Reviewer – Tenure and Promotion
 Health Research Board, Department of Health, Ireland
 External Reviewer 2015
 U. S. Department of Health and Human Services, Administration for Child & Families,
 Administration on Developmental Disabilities
 UCEDD 5 year Center grant applications
 Peer Review Panel, Member 2012
 International Association for the Scientific Study of Intellectual Disabilities
 Tosinvest Scholarships
 Review Panel, Member 2012

University Service

University of South Florida

- USF Education Abroad Scholarship Review Committee, CBCS representative 2011-2013

College of Behavioral and Community Sciences

- Professional Development Leave Review Committee, Member 2016
 CBCS Diversity Workgroup, Member 2015-present

Department of Child & Family Studies (CFS)

- Master's Program Admission Committee, Member 2015-present
 (Master of Science in Child and Adolescent Behavioral Health)
 CFS Governance Council
 Chair 2012-2013
 Member 2013-2015

CFS Governance Faculty Subcommittee	
Chair	2012-2013
Member	2013-2015
Search Committees	
FCIC/UCEDD Training Director, Member	2012
FCIC/UCEDD Co-Director search, Member	2009
CFS Impact Committee Team, Member	2010-2012
CFS Post-Doctoral Scholar Committee, Member	2010
College of Arts & Sciences	
Ad hoc Student Disciplinary Grievance Committee	
Student Representative	2003

CONFERENCE PRESENTATIONS

National/International Peer-Reviewed Conference Presentations

- Glaesser, R., Perkins, E.A., & Park, N. (2017). Transition of Persons with Developmental Disabilities (DD) from Parental to Sibling Co-Residential Care: Effects on Sibling Caregiver Well-Being and Family Functioning. AAIDD conference. Poster to be presented at the Annual Meeting of the American Association on Intellectual and Developmental Disability, Hartford, CT.
- VanZant, S.* & Perkins, E. A. (2016, Nov). *Integrating Disability: Communication and health promotion as a platform for overcoming disparities*. Poster presented at the Annual Meeting of the American Public Health Association, Denver, CO.
- Williamson, H.*, Perkins, E. A., Levin, B. L., Baldwin, J., Lulinski, A., Armstrong., & Massey, O. T. (2016, November). *Implementation of Medicaid Managed Long-term Services and Supports for adults with intellectual and/or developmental disabilities*. Paper presented at the meeting of the American Public Health Association, Denver, CO.
- Glaesser, R. S.*, Perkins, E. A., Park, N., Armstrong, M., & Strozier, A. (2016, August). *Transition of persons with developmental disabilities (DD) from parental to sibling co-residential care*. Poster presented at the meeting of the World Congress of the International Association of the Scientific Study of Intellectual and Developmental Disabilities, Melbourne, Australia.
- VanZant, S.* & Perkins, E. A. (2016, July). *My Health Report: Enhancing the history taking process by primary care physicians to patients with intellectual and developmental disabilities*. Poster presented at the Annual Educational Conference of the American Academy of Developmental Medicine and Dentistry, Chicago, IL.
- Glaesser, R. S.*, Park, N., & Perkins, E. A. (2016, June). *Post-transition adjustment of brothers/sisters with a developmental disability to sibling co-residential care*. Poster presented at the meeting of the National Association of Social Workers, Washington, DC.
- Perkins, E. A., VanZant, S.*, LaMartin, K*, & Romer, H. (2016, April). *Improving communication between providers and patients with intellectual and developmental disabilities*. Poster presented at the meeting of the Education Conference of the Developmental Disabilities Nurses Association, San Diego, CA.

- Perkins, E.A.** (2015, Jun). *Promoting successful aging in adults with intellectual disabilities and their caregivers*. Paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, Louisville, KY.
- Ferro, J. B., **Perkins, E. A.**, & Williamson, H. W. (2014, November). *Using the Plan-Do-Study-Act feedback loop to improve engagement in research and education*. Poster presented at the meeting of the Association of University Centers on Disabilities, Washington, DC.
- Perkins, E.A.**, Haley, W.E., LaMartin, K., & Wang, W. (2014, November). *Older caregivers of adults with intellectual disabilities: reciprocal and social networking relationships*. Paper presented at the meeting of the Gerontological Society of America, Washington, DC.
- Williamson, H. J. & **Perkins, E. A.** (2014, June). *Family caregivers of adults with intellectual and developmental disabilities: Caregiver outcomes associated with U.S. services and supports*. Poster presented at the meeting of the American Association on Intellectual and Developmental Disabilities, Orlando, FL.
- VandeWeerd, C., Corvin, J., Coulter, M., Yalcin, A., **Perkins, E.**, Myers, J., & Ivory, M. (2013, November). Risk reduction in online dating: Translating research to practice. Paper presented at the meeting of the American Public Health Association, Boston, MA.
- Corvin, J., VandeWeerd, C., Coulter, M., Yalcin, A., **Perkins, E.**, Yegidis, B. Myers, J., & Rodriguez, M. (2013, November). *Dating risks in 21st century: Perceptions of women 50+ dating online*. Poster presented at the meeting of the American Public Health Association, Boston, MA.
- Corvin, J., VandeWeerd, C., Coulter, M., **Perkins, E.**, Yalcin, A., Yegidis, B. & Myers, J. (2013, November). *The language of verbal aggression: Rudeness, anger, and unwanted sexual aggression in online dating*. Poster presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- VandeWeerd, C., Corvin, J., Coulter, M., **Perkins, E.**, Myers, J., Yalcin, A., & Yegidis, B. (2012, November). *Online profiles and risks for women 50+ seeking relationships on MySpace*. Paper presented at the meeting of the Gerontological Society of America, San Diego, CA.
- Myers, J., VandeWeerd, C., Coulter, M., Corvin, J., **Perkins, E.**, Yalcin, A., & Yegidis, B. (2012, November). *E-dating over 50: A content analysis of older women's profiles who look for relationships online*. Paper presented at the meeting of the Society for the Study of Sexuality, Tampa, FL.
- VandeWeerd, C., Corvin, J., Coulter, M., **Perkins, E.**, Yegidis, B., Yalcin, A., Myers, J., Ivory, M., & Kennedy, M. (2012, October). *Seeking relationships online: Older women's lived experiences*. Poster presented at the meeting of the American Public Health Association, San Francisco, CA.
- Perkins, E. A.** & Haley, W. E. (2012, July). *Emotional and tangible reciprocity in older caregivers of adults with intellectual disabilities*. Poster presented at the meeting of the World Congress, International Association for the Scientific Study of Intellectual Disabilities, Halifax, Nova Scotia, Canada.
- Perkins, E. A.**, & LaMartin, K. M. (2012, June). *The internet as social support for older caregivers of adults with intellectual disabilities*. Poster presented at the meeting of the American Association on Intellectual and Developmental Disabilities, Charlotte, NC.

- VandeWeerd, C., Corvin, J., Coulter, M., **Perkins, E.**, & Telford, R. (2011, November). *Older women and social network sites: An exploratory study of the risks and benefits of online relationship seeking*. Poster presented at the meeting of the Gerontological Society of America, Boston, MA.
- VandeWeerd, C., Corvin, J., Coulter, M., Telford, R., Yalcin, A., **Perkins, E.**, & Yegeedis, B. (2011, November). *Senior Surfers: Online dating experiences of older women*. Paper presented at the meeting of the American Public Health Association, Washington, DC. **This presentation was nominated and received an honorable mention for the Aetna Award for Excellence in Research on Older Women and Related Papers**.
- Perkins, E. A.** & Berkman, K. A. (2011, June). *Aging adults with autism spectrum disorders*. Paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, St. Paul, MN.
- Perkins, E. A.** & Berkman, K. A. (2011, June). *Aging adults with autism spectrum disorders*. Poster presented at the meeting of the American Association on Intellectual and Developmental Disabilities, St. Paul, MN.
- Perkins, E. A.**, Haley, W. E., & Vanderweerd, C. (2010, November). *Reciprocity in older caregivers of adults with intellectual disabilities*. Poster presented at the meeting of the Gerontological Society of America, New Orleans, LA.
- Woodard, L., Havercamp, S. M., Zwygart, K., & **Perkins, E. A.** (2010, October). *Impact of training on medical students' knowledge, attitude, and comfort towards persons with disabilities*. Poster presented at the meeting of the Primary Care Research for People with Intellectual and Developmental Disabilities Family Medicine and Education Consortium Conference, Hershey, PA.
- Perkins, E. A.**, & Haley, W. E. (2010, June). *The effect of compound caregiving in older parental caregivers*. Paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, Providence, RI.
- Perkins, E. A.** (2009, June). *Aging caregivers: The impact of multiple caregiving roles on quality of life*. Paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, New Orleans, LA.
- Perkins, E. A.** (2008, November). *Compound caregiving: caregivers who adopt multiple caregiving roles*. Poster presented at the meeting of the Gerontological Society of America, National Harbor, MD.
- Bergman, E. J., **Perkins, E. A.**, & Haley, W. E. (2007, November). *Patient perspectives on breast cancer: the qualitative experience of older breast cancer survivors*. Poster presented at the meeting of the Gerontological Society of America, San Francisco, CA.
- Perkins, E. A.**, Small, B. J., Balducci, L., Extermann, M., Robb, C., & Haley, W. E. (2005, October). *The salience of health status and psychosocial factors in overall well-being among older breast cancer survivors*. Poster presented at the meeting of the National Cancer Research Institute Cancer Conference, Birmingham, UK.
- Perkins, E. A.**, Haley, W. E., Small, B. J., Balducci, L., Extermann, M., & Robb, C. (2004, November). *Individual differences in well-being after breast cancer survivorship in older women*. Poster presented at the meeting of the Gerontological Society of America,

Washington, DC.

Robb, C., Haley, W. E., Balducci, L., Extermann, M., **Perkins, E. A.**, Small, B. J., Bergman, E., Jang, Y., & Mortimer, J. (2004, November). *Examining quality of life in older breast cancer survivors*. Paper presented at the meeting of the Gerontological Society of America, Washington, DC.

Haley, W. E., Robb, C., Balducci, L., Extermann, M., **Perkins, E. A.**, Bergman, E. J., Small, B. J., Mortimer, J., & Jang, Y. (2004, June). *Psychological, social, and health impact of breast cancer survivorship in older women*. Poster presented at the meeting of the National Cancer Institute and the American Cancer Society, Washington, DC.

Invited Conference Presentations

Perkins, E. A. (2017, April). *Promoting successful aging in persons with intellectual and developmental disabilities*. Invited paper presented at the 25th Annual Education conference of the Developmental Disabilities Nurses Association, Dallas, TX.

Perkins, E.A., Brown, K., Fray, D., & Ervin, D. (2017, April). *From here to eternity: Where do we go from here?* Invited plenary panelist for 25th Annual Education conference of the Developmental Disabilities Nurses Association, Dallas, TX.

Fox, S., Heller, T., **Perkins, E.A.**, & Shira, Y. (2016, Dec). *Navigating change in supporting individuals and their caregivers as they age!* Invited panel presentation at the meeting of the Association of University Centers on Disabilities, Washington, DC.

Friedman, S., Heller, T., **Perkins, E.A.**, & Brogioli, M. (2016, Oct). *Health promotion, disease prevention, and well-being*. Invited plenary panelist for 16th Annual Coleman Institute Conference on Cognitive Disability and Technology, Broomfield, CO.

Perkins, E.A. (2015, March). *Planning for a healthy life beyond high school*. Invited paper presented at the meeting of the Statewide Heart and Hope Family Conference, Dunedin, FL.

Perkins, E. A. (2013, Jan). *Growing older with autism spectrum disorders*. Invited paper presented at the meeting of the Statewide CARD Conference, Clearwater, FL.

Perkins, E. A. (2012, November). *Our power to empower the lives we serve*. Invited Closing Plenary presented at the meeting of the Caring for the Individual with Complex Healthcare Needs: A Birth to Adulthood Approach Conference, Asheville, NC.

Perkins, E. A. (2012, May). *Promoting successful aging in persons with intellectual and developmental disabilities*. Invited paper presented at the meeting of the Developmental Disabilities Nurses Association, Orlando, FL.

Perkins, E. A. (2011, June). *Aging - You can't escape it - so why not embrace it?* Invited paper presented at the meeting of the American Association on Intellectual and Developmental Disabilities, St. Paul, MN. [Student and Early Career Professionals Luncheon].

- Perkins, E. A.** (2011, April). *Into the unknown: Aging with autism and caregiver challenges*. Invited paper presented at the meeting of the Promising Pathways: The Road to Best Practices in Autism Conference, Fort Myers, FL.
- Perkins, E. A.** (2010, August). *Aging caregivers: The Master Multi-taskers?* Invited panel presented at the meeting of the Reinventing Quality Conference, Baltimore, MD.
- Perkins, E. A.** (2007, November). *Quality of life of aging caregivers of adults with intellectual disabilities*. Invited paper presented at the meeting of the Gerontological Society of America, San Francisco, CA. [Special Interest Group meeting on Developmental Disabilities]
- Perkins, E. A.** (2007, June). *Aging and caregiving issues for persons with intellectual and developmental disabilities*. Invited paper presented at the meeting of the University of South Florida Geriatric Education Center Conference, Tampa, FL.
- Perkins, E. A.** (2006, July). *Understanding the aging athlete*. Invited paper presented at the meeting of the Special Olympics of Florida Leadership Conference, Orlando, FL.
- Perkins, E. A.** (2006, February). *Aging with intellectual disabilities*. Paper presented at the meeting of the Conference on Living and Aging with a Disability, Fort Lauderdale, FL.

Invited Workshop/Lecture Presentations and Non-Peer Reviewed Conferences/Events

International

- Perkins, E. A.** (2013, April). *Ageing and compound caregiving of people with learning disabilities*. Invited webinar presentation for the Social Dimensions of Health Institute, Universities of Dundee and St. Andrews, Scotland, United Kingdom.
- Perkins, E. A.** (2012, December). *Developmental disability issues in the USA*. Invited lecture at the Autumnal Lecture Series of the Centre for Learning Disabilities Studies, University of Hertfordshire, and the University of West London, London, England.

National

- Brown, M., Doka, K., Goode, T., Janicki, M. J., Kingsbury, L., Moro, T., **Perkins, E.A.**, & Rader, R. (2013, October). *Supporting individuals with intellectual and developmental disabilities through life-ending illness, grief and loss*. Invited webinar presentation broadcast event from the Newseum, for the Hospice Foundation of America, Washington, DC.
- Perkins, E. A.** (2013, February). *The known and unknown of aging with developmental disabilities*. Invited lecture for the Distinguished Guest Speaker Series, Gerontology Institute, Ithaca College, Ithaca, NY.
- Perkins, E. A.** (2013, February). *Planning and promoting optimal aging for older people with developmental disabilities*. Invited lecture at the Franziska Racker Center, Ithaca, NY.
- Okamoto, J. & **Perkins, E. A.** (2012, August). *The support system for people with intellectual and/or developmental Disabilities*. Invited webinar presentation for the Physician Education in Developmental Disabilities Series for the American Academy of Developmental Medicine & Dentistry/Florida Developmental Disabilities Council.

Woodard, L. & Perkins, E. A. (2012, July). *History and terminology*. Invited webinar presentation for the Physician Education in Developmental Disabilities Series for the American Academy of Developmental Medicine & Dentistry/Florida Developmental Disabilities Council.

Perkins, E. A. & Wallace, R. (2012, April). *Communication of health care needs*. Invited webinar presentation for the American Academy of Developmental Medicine & Dentistry - Emergency Healthcare in Adults with Intellectual/Developmental Disabilities Series.

State

Perkins, E. A. (2017, April). Promoting person-centered care in patients with intellectual and developmental disabilities. Invited lecture for the Texas Health and Human Services Commission, the Center for Excellence in Long Term Care & the School of Nursing at the University of Texas – Austin, Austin, TX.

Perkins, E. A. (2016, Feb). *Promoting successful aging in people with developmental disabilities*. Keynote presentation for the Florida Symposium on Aging with Developmental Disabilities, Tampa, FL.

Perkins, E. A. (2015, November). *A very brief journey into the world of disabilities*. Invited lecture, Dean's Lecture Series, College of Health Sciences, Bethune Cookman University, Daytona, FL.

Perkins, E.A. (2014, November). *Caring for the caregiver*. Invited keynote presentation for CARD Annual Health & Wellness Symposium, Tampa, FL.

Perkins, E. A. (2014, March). *Caring for the Caregiver*. Invited webinar presentation for the Barth Syndrome Foundation, New York, NY.

Perkins, E. A. (2012, May). *Intellectual disability and dementia: Symptoms and supports*. Dr. Phil George Workshop Series - Spring 2012. The Baddour Center, Senatobia, MS.

Perkins, E. A. (2012, February). *Aging caregivers: issues and challenges*. Invited Webinar presentation for University of Rochester, Program on Aging and Developmental Disabilities. Rochester, NY.

Perkins, E. A. (2011, October). *Growing older with intellectual and developmental disabilities: An overview of health issues and caregiver concerns*. Invited presentation for the West Central Florida Area Agency on Aging, Florida Department of Elder Affairs, Tampa, FL.

Perkins, E. A. (2011, September). *Growing older with intellectual and developmental disabilities: An overview of health issues and caregiver concerns*. Invited presentation for the Florida Department of Elder Affairs Aging and Disability Resource Center Statewide Stakeholder Advisory Council, Tampa, FL.

Perkins, E. A. (2010, October). *Physical changes, medical issues, and caregiver challenges associated with aging*. Invited lecture presented for the Developmental Disabilities Lecture Series, Elizabeth M. Boggs Center on Developmental Disabilities, Robert Wood Johnson Medical School, University of Medicine & Dentistry of New Jersey, New Brunswick, NJ.

Perkins, E. A. (2010, October). *Collaborative approaches to aging and developmental disabilities*. Invited Technical Assistance Forum for the Developmental Disabilities Lecture Series, Elizabeth M. Boggs Center on Developmental Disabilities - Robert Wood Johnson Medical School, University of Medicine & Dentistry of New Jersey, New Brunswick, NJ.

Perkins, E. A. (2009, September). *An overview of aging, aging medical conditions, and family caregiving in persons with intellectual disabilities*. Invited presentation for the Mid-Florida Developmental Disabilities Nurses Association, Shriner's Hospital, Tampa, FL.

Local

Perkins, E. A. (2015, October). *Disability: Neither a confiner or definer be*. Invited keynote presentation for the 27th annual Awards Ceremony, Tampa Mayor's Alliance for Persons with Disabilities, Tampa, FL.

Perkins, E. A. (2015, September). *Health issues with developmental disability: what you should know!* Invited keynote for Be Real with Your Health: First Annual Health and Wellness Fair, Self-Reliance, Inc., Tampa, FL.

VanZant, S., & **Perkins, E. A.** (2015, July). *Improving care for individuals with intellectual and developmental disabilities: a patient-centered approach*. SELECT MD Program Summer Immersion Research Presentation Day, Morsani College of Medicine, USF.

Perkins, E. A. (2015, April). Panelist in *Breaking Barriers*. Invited Panel Presentation for University of South Florida's, 12th Annual Diversity Summit, Tampa, FL.

Perkins, E. A. (2015, April). *A brief overview of mental health in adults with intellectual and developmental disabilities*. Red Apple Center, New Port Richey, FL.

Perkins, E.A. (2014, Aug). *Optimizing our chances of aging well*. Invited presentation for The Centre, Tampa, FL.

Perkins, E. A. (2014, June). *People with disabilities; a primer for future health professionals*. Invited presentation for Concorde Career Institute, Tampa.

Perkins, E.A. (2014, June). *Aging adults with intellectual disabilities and their caregivers*. Invited presentation for the USF Geriatric Institute, Tampa, FL.

Perkins, E. A. (2014, February). *Patients with intellectual disabilities: rising to the challenge*. Invited presentation for Moffitt Cancer Center, Diversity Series, Moffitt Cancer Center, Tampa, FL.

Perkins, E. A. (2012, January). *Optimizing the aging process*. Invited lecture for the Osher Lifelong Learning Institute, Tampa, FL.

Perkins, E. A. (2011, November). *What's it really like?* Invited panel participant/speaker for Accessibull Disability Awareness Event - College of Education, University of South Florida, Tampa, FL.

Perkins, E. A. (2011, January). *People with disabilities: what medical students should know!* Invited lecture for the USF American Medical Students Association - Health Disparities Week. College of Medicine, University of South Florida, Tampa, FL.

- Perkins, E. A.** (2010, March). *Aging of adults with autism and other developmental disabilities*. Invited presentation for Autism Health & Wellness Symposium - Fit Beyond the Diagnosis. Center for Autism and Related Disabilities at the University of South Florida, Tampa, FL.
- Perkins, E. A.** (2008, November). *Older parents and older adults with intellectual disabilities*. Invited presentation for the MacDonald Parent's Group, MacDonald Training Center, Inc., Tampa, FL.
- Perkins, E. A.** (2008, January). *Aging and medical issues of adults with intellectual disabilities*. Invited Workshop Presentation for PARC Inc., St. Petersburg, FL.
- Perkins, E. A.** (2006, October). *Aging issues and intellectual disabilities*. Invited Workshop Presentation for Easter Seals, Sarasota, FL.

INSTRUCTION

University of South Florida

College of Behavioral and Community Sciences

Department of Child and Family Studies

MHS 6065, Issues and Trends in Developmental Disabilities (x 5) 2011-2012, 2014-2015, 2016 (converted to an online class in 2015)

School of Aging Studies

GEY 4900 Directed Readings in Aging

(Special Topic: Caregiving, and Intellectual Disabilities x 2) 2007-2008

GEY 3601, Physical Changes and Aging (7 x) 2006-2009

GEY 4612, Psychology of Aging 2006

Regularly scheduled guest lectures, as part of the UCEDD mission

USF College of Medicine

To all Medical Students in Doctoring 1, Doctoring 3, and previously BCC 7184 Primary Care and Special Populations Clerkships courses.

To all Doctorate in Physical Therapy Students in Doctoring 1.

USF College of Nursing

To all Nurse Practitioners in NGR 6613C Health Management of Families: Special Topics

To BSN Nursing Students in NUR4636 Community/Public Health: Population Focused Nursing

Numerous ad-hoc guest lectures given campus wide, including USF (Tampa) College of Public Health, Schools of Social Work and Aging Studies, Departments of Sociology and Mass Communications, and USF-Sarasota.

Graduate Student Supervision and Mentorship

University of South Florida

College of Behavioral and Community Sciences

School of Social Work

Richard Glaesser, Dissertation Co-chair

2013 - present

Morsani College of Medicine

Jordan VanSant, MPH

SELECT program Summer Immersion Mentor 2015
UCEDD Interdisciplinary Trainee Mentor 2014 - present

Kimberley Lamartin, MD

Faculty Mentor, Scholarly Concentration in Health Disparities 2010 - 2014
UCEDD Interdisciplinary Trainee Mentor 2010 - 2014

College of Public Health

Heather Williamson, DrPH

Dissertation Committee Member 2012 - 2015
UCEDD Interdisciplinary Trainee Mentor 2012 - 2015

Janet Hess, DrPH

Dissertation Committee Member 2010 - 2014

MEDIA/ PRESS INTERVIEWS/APPEARANCES

Tampa Mayor's Alliance for People with Disabilities Annual Awards Ceremony. October 16, 2015.
Keynote address: "Disability: Neither a confiner nor definer be"
Aired on City of Tampa Television (October 26 – November 6, 2015).
<https://www.youtube.com/watch?v=bXAvJUvFemQ&feature=youtu.be>

The Daytona Beach News-Journal.

Duvall Home residents make transition to group homes. November 1, 2014.

<http://www.news-journalonline.com/article/20141102/NEWS/141109916/1040?p=2&tc=pg>

The Daytona Beach News-Journal.

Funding drives move to group homes. November 1, 2014.

<http://www.news-journalonline.com/article/20141101/NEWS/141109918/0/search?p=1&tc=pg>

National Organization of Nurses with Disabilities (NOND). 2003.

Featured story in the "Nurses Making a Difference" Section of the NOND website.. "Like missing an arm should stop me being a nurse!"

<http://www.nond.org/What/Resources/News/News/Perkins.html>

Exceptional Parent Magazine. December 2009 edition. Reprint of NOND website article - *Like missing an arm should stop me being a nurse!*

University of South Florida.

Carney, A. (2007). *Global Learning. USF Magazine, 49(3), 24-29.*

Feature regarding international graduate students.

<http://magazine.usf.edu/archives/pdf/vol49-no3-2007-fall.pdf>

OTHER CREATIVE WORK AND EDUCATIONAL RESOURCES

Perkins, E. A., & VanZant*, S. (2016). What I should know about epilepsy. Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.

http://flfcic.fmhi.usf.edu/docs/FCIC_EFLH_7_Epilepsy.pdf

Perkins, E. A., & VanZant*, S. (2015). My Health Report. Florida Center for Inclusive Communities. http://flfcic.fmhi.usf.edu/docs/FCIC_Health_Report.pdf

- VanZant, S.*, & Perkins, E. A. (2015). Improving communication with patients who have intellectual and developmental disabilities, Physician's fact sheet. Florida Center for Inclusive Communities.
http://flfcic.fmhi.usf.edu/docs/FCIC_PhysicianFactSheet_1_Improving_Communication.pdf
- VanZant, S.*, & Perkins, E. A. (2015). How do I talk to my doctor? Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.
http://flfcic.fmhi.usf.edu/docs/FCIC_EFLH-1-Hygiene%20Fact%20sheet.pdf
- Perkins, E. A., & Romer, N. (2014). What I should know about depression. Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.
http://flfcic.fmhi.usf.edu/docs/ELMH_Depression.pdf
- Romer, N., & Perkins, E. A. (2014). What I should know about anxiety. Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.
http://flfcic.fmhi.usf.edu/docs/ELMH_Anxiety.pdf
- Perkins, E. A. (2012). What I should know about good health and hygiene! Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.
http://flfcic.fmhi.usf.edu/docs/FCIC_EFLH-1-Hygiene%20Fact%20sheet.pdf
- Perkins, E. A., & LaMartin*, K. M. (2012). What I should know about cancer! Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.
http://flfcic.fmhi.usf.edu/docs/FCIC_EFLH-4-Cancer%20Fact%20sheet.pdf
- Perkins, E. A., & LaMartin*, K. M. (2012). What I should know about cancer treatment!
Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.
http://flfcic.fmhi.usf.edu/docs/FCIC_EFLH-5-Cancer%20Treatment%20Fact%20sheet_.pdf
- LaMartin*, K. M., & Perkins, E. A. (2012). What I need to know about diabetes! Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.
http://flfcic.fmhi.usf.edu/docs/FCIC_EFLH-2-Diabetes%20Fact%20sheet.pdf
- LaMartin*, K. M., & Perkins, E. A. (2012). What I need to know about osteoporosis! Education for lifelong health fact sheet series. Florida Center for Inclusive Communities.
http://flfcic.fmhi.usf.edu/docs/FCIC_EFLH-3-Osteoporosis%20Fact%20sheet.pdf
- Perkins, E. A. (2011). *My Health Passport for Hospital/Clinic Visits*. Florida Center for Inclusive Communities, (English version).
http://flfcic.fmhi.usf.edu/docs/FCIC_Health_Passport_Form_Typeable_English.pdf
- Perkins, E. A. (2011). *Mi Pasaporte de Salud para Hospitales/Visitas Clínicas*. Florida Center for Inclusive Communities, (Spanish version).
http://flfcic.fmhi.usf.edu/docs/FCIC_Health_Passport_Form_Typeable_Spanish.pdf